

WHAT IS SLIP DISC ?

A slipped disc is also known as a herniated disc. ... When a disc herniates or ruptures, it may create pressure against one or more of the spinal nerves which can cause pain, weakness or numbness in the area of the body served by those nerves. Other names for slipped (herniated) discs are prolapsed and ruptured discs.

REASONS OF SLIP DISC

Common problems include degenerative disc disease and ruptured (or 'slipped') disc. Risk factors for disc problems include obesity, advancing age, lack of exercise and incorrect lifting techniques.

SYMPTOMS OF SLIP DISC

- Arm or leg pain. If your herniated disk is in your lower back, you'll typically feel the most intense pain in your buttocks, thigh and calf. ...
- Numbness or tingling. ...
- Weakness.

NEUROTHERAPY TREATMENT

(4) Liv
(8) Th + Ch
L5 – S1 Ghisai'
Fractured L3-L4-L5
Knee bent leg
J Back (for L1-L2-L3)